



Scienxt Journal of English Language & Literature  
Volume-2 || Issue-1 || Jan-June || Year-2024 || pp. 17-28

## *Bharat as a civilization and its consciousness*

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## **Abstract:**

“India that is Bharat” Written by J. Sai Deepak, a mechanical engineering graduate from Anna University, who completed his bachelor's degree in law at IIT Kharagpur's Law School in 2009. He has established himself as a skilled litigator specializing in civil, commercial, and constitutional cases. In his thought-provoking and meticulously crafted book, J. Sai Deepak undertakes a profound exploration into the enduring ramifications of Europe's colonial consciousness and the persistent mindset that continues to shape perspectives even in the post-independence era. With a discerning and analytical approach, Sai meticulously dissects the nuanced meanings inherent in the terms Colonialism, Coloniality, and Decoloniality, providing readers with a comprehensive understanding of the intricate dynamics that underlie these concepts. His narrative unfolds as a narrative tapestry, revealing how Europeans, historically driven by a sense of superiority, have engaged with and interpreted global phenomena through a distinct lens. Sai artfully illustrates how this Eurocentric perspective has, over time, permeated the conceptualization of fundamental notions such as "modernity" and "rationality," thereby casting a biased light on Indic social and religious institutions. He skillfully argues that these distortions, forming what he terms the "dark legacy" of European colonialism, persistently influence our understanding of history, contributing to a nuanced and often overlooked narrative of historical influence that warrants thoughtful consideration.

## **Keywords:**

Consciousness, Bharat, comprehensive approach, interconnectedness, accomplishments