

Scienxt Journal of Pharmacy and Drug Research (SJPDR)

Is The Use of Drugs Off-Label, an Unauthorized Abuse as Stated by FDA, or Is It a Professional Duty? "Comprehensive Review"

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ABSTRACT

In continuing medical education activities and medical journals, the phrase "off-label drug" (OLD) is widely used. Many healthcare professionals do not, however, fully understand what it is, how common it is, and what effects it has. Off-label drug use (OLDU) is the act of giving a patient a prescription for a condition that the medication has not been approved to treat. Every area of medicine is currently affected by OLDU, however it may be more common in specialties like pediatrics, pregnancy, or psychiatry where the patient population is less likely to take part in research studies. Pharmaceutical businesses are not allowed to promote their goods for a use other than that which is prescribed, which has led to numerous sizeable settlements for unlawful marketing. Doctors should only provide medications when they need them to lessen liability. Additionally, in order to assess the advantages and disadvantages and give their patients the best care possible, healthcare practitioners should educate themselves about OLDU. Our review's objective is to explain the significance and value of using prescription medications outside of their allowed use by outlining the advantages and hazards of doing so. *Methodology*: The review is based on information from prior research, investigations, and reviews of digital materials (websites, scholarly journals, Google search).

Keywords: Off-label drugs use, FDA regulations, ethics and legal consideration